



"SOUND CREATES STRUCTURE (CYMATICS) - LIGHT CREATES LIFE (BIOLOGY)"

The Norwegian Light Association has the privilege of inviting you to:

A Seminar with **Susan Alexjander**, classic composer, whose music makes it possible to hear the frequencies of light.

An evening with Susan Alexjander, including a lecture about, and the playing of, her major work "**Sequencia**", followed by a short film.

DATES: Seminar: October 17th & 18th 2008, 10:00 - 17:00h both
& **TIME:** days
Evening with Susan: Friday 17th October, 18:30 - 20:

PLACE: Oslo Bymuseum (The Oslo City Museum), Frognerveien 67,
0266 Oslo, entrance from Halvdan Svartes gate
Friday: in Ballsalen (the Ballroom), (both seminar and evening
performance)
Saturday: in Vestfløyen (the West Wing)

Price for the seminar: Kr. 850 per day for members of the NFL
Kr. 950 per day for non-members
Kr. 500 per day for students, and senior citizens

Price for Friday evening:
Free for participants of the seminar
Kr. 150 for others
Kr. 100 for students and senior citizens

Language: English

Deadline for signing up for the Seminar: October 7, 2008

It won't be necessary to sign up for the "Evening with Susan". However, come early, as we can only take in as many as the hall can hold in addition to our seminar participants.

Signing up can be done by contacting one of the following:

Vivi Andersson, tlf. 481 08 812, e-post: nfl@lysstimulering.no
Phyllis Nyquist tlf. 412 54 370
Barbro Ellann tlf. 917 82 249

More information about the seminar on the next page.

COME AND LISTEN TO YOUR DNA! - A LITTLE BACKGROUND ABOUT "SEQUENCIA":

Biophysicist, Fritz Albert Popp, proved that our DNA emits light - biophotons. Cell Biologist, Dr. David Deamer, measured the frequencies of the biophotons. Classic Composer, Susan Alexjander, has composed music using those frequencies in her work called: "SEQUENCIA".

"Sequencia is internationally known for its pioneering work with the molecular frequencies of the DNA rendered in sound. It has been featured on CNN, BBC Radio, Wisconsin Public Radio, and has been on exhibit at the Boston Museum of Science, the San Francisco Museum of Modern Art, the Art Museum of Santa Barbara, California, and Universal Concepts Gallery in Manhattan, New York."

What do others say about it?

* "Sequencia is the Grail Quest set to music. There is beauty and power in it; great power" - Larry Dossy, M.D., author of *Meaning & Medicine*.

* "Sometimes mysterious, sometimes playful...an evolutionary leap forward." - Rick Weiss, *New York Times*.

* "The tunings are breathtaking. This is a classical masterpiece, not 'New Age'." - Barbara Dillinger, teacher in the healing arts.

ABOUT THE SEMINAR:

The Music of Susan Alexjander encompasses many areas such as: Mathematics, Science and Art, as well as Music. She says herself:

"...The ears can detect about 10 octaves of sound, while the eyes can only perceive a little over one octave of light, or colour. An octave in light is the same ratio as an octave in sound...2.1. A perfect fifth, or a relationship of 3:2 is the same proportion in light as in sound (and can be continued into the world of geometry, architecture, movements of the planets and so forth; anywhere there is a periodic or regular vibration). By discovering patterns of ratios in light, we are simply translating into a sound medium to "hear" what information they might contain and how they relate to each other..." quoted from Susan Alexjander, in: "IEEE Engineering in Medicine and Biology Journal, March/April 1999."

No matter what one's profession or work may be, this seminar will be relevant. So come and be uplifted, refreshed, and inspired by this remarkable music, and the enlightening insights that Susan is going to share with us.

Web pages: www.nfl@lysstimulering.no - www.oursounduniverse.com

The Board of the NFL